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SUMMARY REPORT

of the 4th Learning/Teaching/Training event

(short-term exchange of groups of pupils)

of the Erasmus+ project

“Travelling Raises an Inclusive Partnership”

Reference no: 2019-1-SK01-KA229-060651

TOPIC: *Rural tourism & Ecological Tourism & Psychological preparation – typology of participants.*

Venue: Nidzica, Poland

Name of the hosting school: Zespół Szkół Ogólnokształcących

Date of the mobility: from 21st to 25th March 2022

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1. Objectives of the Learning/Teaching/Training event (as per the application form):

The topic of the event is “Rural and Ecological Tourism & Psychological Preparation – Typology of Participants“. The topic will be explained during two different seminars. One of them will be presented by the real travel agency and it will be focused on the main characteristics of rural and ecological tourism. The second lecture, about Psychological preparation, will be led by the Slovak partner.

There will also be 2 workshops involved in the agenda, where theory and practice will be connected together. During the first workshop, the participants will present the rural and ecological tourism in their countries by videos, presentations, leaflets, etc. This material will be uploaded on the project website and distributed to local travel agencies afterwards.

The second workshop will be realized by a role-playing game where the participants will define different kinds of visitors and they will solve a problem task. It will be the part of the workshop realized by a psychologist who will enlighten the issues connected with main human temperaments.

Besides the working part, the students will participate in cultural and natural heritage excursions and activities linked with the topic of the rural and ecological tourism. The whole programme will be prepared by Polish students from the TRIP Travel Agency. They will organize excursions, arrange the accommodation for the guests, prepare the information budget, perform as guides, etc.

Various project activities will also involve the usage of mobile apps which might be helpful when travelling.

The L/T/T event results will involve multilingual TRIP Heritage guide, lesson plans (which will be implemented in the school curricula), promotional video of regional monuments, guide handbook on topic mentioned above and the multilingual dictionary with new tourism terms.

The seminars will help the students to recognize their own temperament and they will answer the question of what kind of visitor they are. The participants will be able to solve different problems thanks to the role-play workshops. In fact, L/T/T event will be focused more on self-management and good manners that can help students to put social inclusion more into practice, since the disadvantaged students will participate as well.

Thanks to the preparation of the contents and all the materials before attending the short-term activity, they will use and develop the 21st-century skills such as collaboration and

cooperation, communication, critical thinking, information, media and technology skills and, ultimately, life and career skills, leadership, flexibility and social skills. Team work of the students will represent the basis of the project success. The students will spread their knowledge with pupils from other local schools, travel agencies and their schoolmates through presentations, videos, lessons, etc.

As the ecotourism, agro-tourism and rural tourism are forms of tourism that emerged over the last years, it is important to focus on this new increasing style of travelling and the ways the EU supports it. It is necessary to introduce students to the world of local ecotourism organizations and inspire them how to promote it, particularly, if it has an increasing significance nowadays.

2. International participants of the meeting:

1.	LITHUANIA	Daiva Eisimantienė
		Irena Gabrielaitienė
		Austėja Jurkutė
		Aistė Gražinskytė
		Agnė Kaziukonytė
		Kamilė Kondrotaitė
2.	SLOVAKIA	Monika Horváthová
		Jana Mikulová
		Paulína Mizerová
		Alex Dobroň
		Samuel Staník
		Aneta Ursíková
3.	SPAIN	Albert Bacardit
		Jordi Torras
		Rania Arjeuan El Amrani
		Gabriela Gheorghiu
		Leo Sanllehí Insua
		Nawal Zbir El Khader
4.	TURKEY	Corina Maria Andic
		Servet Dargın
		Arda Özçekirdek
		Zeki Efe Kayaçağlayan
		Gizem Nur Çakmak
		Taha Mert Şahin

3. Agenda of the meeting:

21.03.22 Monday	09:00 – 13:30	The Travel Agency Seminar Students' Presentations. Lecture led by Slovakia - Psychological preparation.
	13:30 – 14:30	Lunch (individual for students)
	15:00-17:00	The Amazing Race: Interactive questing game - getting to know Nidzica.
	17:00	Teachers get back to hotel /Students get back to families. Teachers – individual dinner.
22.03.22 Tuesday	09:00 – 10:30	Workshop for students (led by Slovakia) – Psychological preparation / Coordinators' meeting.
	11:00 – 14:00	Trip to <i>Land of Seven Wonders</i> - getting to know the history of our region, old professions, rural games.
	14:00	Teachers get back to hotel /Students get back to families. Individual lunch for teachers.
	19:00	Ceremonial Coordinators' Meeting

<p>23.03.22 Wednesday</p>	<p>All Day Trip to Malbork and Gdańsk</p> <p>10:00 – 13:00</p> <p>13:30 – 14:30</p> <p>15:00 – 17:00</p>	<p>Visiting Malbork Castle (Monument from Polish UNESCO Heritage Site List) – guided tour.</p> <p>Lunch</p> <p>Visiting Old Town in Gdańsk (place on tentative UNESCO Heritage List).</p> <p>Teachers get back to hotel /Students get back to families.</p> <p>Teachers – individual dinner</p>
<p>24.03.22 Thursday</p>	<p>10:00 – 12:30</p> <p>13:00 – 15:30</p>	<p>Trip to Springs Village – a nature reserve: soap making workshop; exploring the nature reserve.</p> <p>Trip to Pottery Village:</p> <ul style="list-style-type: none"> • Lunch • Workshop 1: painting traditional Easter Eggs • Workshop 2: making historical amber pendants. <p>Students back to families /teachers back to hotel</p> <p>Teachers – individual dinner</p>

25.03.22 Friday	All Day Trip to Warsaw	<p>10:00 – 13:00 Warsaw Old Town (monument from UNESCO Heritage Site List) – guided walk.</p> <p>13:30 – 14:30 Individual lunch.</p> <p>15:00 – 17:00 Museum of Warsaw Uprising – guided tour.</p>

4. Description of the meeting

21.03.2022 (Monday).

The first day of 4th Learning/Teaching/Training activity of our TRIP project was a working day in Nidzica, at Nidzica's beautiful gothic castle. The day started out with the seminar led by a certified Travel Guide, Ms Marta Kruk, who presented the definitions and examples of rural and ecological tourism in Poland. Afterwards, students from partner countries presented examples of rural and ecological tourism from their countries and regions. The morning ended with the lecture given by Ms Jana Mikulová, Slovak teacher, regarding the Psychological preparation for tourism. After lunch students took part in a questing game designed for them by their Polish peers from the TRIP Travel Agency – “The Amazing Race Nidzica”. Divided into international groups, using their mobile phones and QR codes, they performed tasks in order to become acquainted with the host town, Nidzica. Everyone had a lot of fun, and all the participants received small souvenirs from the host school.

22.03.2022 (Tuesday).

The day began with a seminar conducted by the representative of the Project coordinator, Slovak school, in which students used the knowledge of theory of Psychological preparation gained the day before, in practice, workshopping various scenarios. Coordinators also took part in a meeting, during which the project's progress and achievements were discussed. Afterwards, project participants were taken to “The Land of Seven Wonders” – a local initiative intended to preserve and present the local heritage – e.g. the museum of old professions. Students and teachers also took part in a showcase of traditional rural games.

23.03.2022 (Wednesday)

The day began with a visit to the Malbork Castle – the biggest medieval brick castle in Europe, built by Teutonic Knights Order in XIII century and put on the UNESCO Heritage List in 1997. During the guided tour the project participants could admire the impressive structure with its defensive walls, moats and towers, 3 castles inside, the famed Great Refectory, recently renovated Chapel and Treasury. In the afternoon, we visited the Old Town in Gdańsk – currently on the tentative list of the UNESCO – with its representative Długa Street, Main

Town Hall, Neptune Fountain and Green Gate.

24.03.2022 (Thursday)

The fourth day of the meeting was devoted to experiencing different types of rural tourist pursuits and regional folklore - particularly arts and crafts. Participants took part in soap-making workshops at NGO Łyna – Źródłana Wioska where they could choose colour, scent and mold to create personalized bars of soap. While waiting for the soaps to set, young people and their teachers took a tour of the Springs of River Łyna Nature Reserve and learned about this unique place. Later, everyone arrived at another local NGO devoted to cultivating regional history and traditions - the Pottery Village (Garncarska Wioska) - to try their hand at painting traditional Easter Eggs and making historical amber pendants. They also had the opportunity to visit the “Paradise Garden” with local plants, eat traditional Polish food at the “Birds’ Inn” and sightsee the renovated traditional blacksmith’s forge and pottery workshop.

25.03.2022 (Friday)

Friday, the 25th of March, was devoted entirely to the city of Warsaw and Polish UNESCO Heritage. First, both students and teachers were taken on a guided walk around Warsaw’s Old Town – a UNESCO Heritage Site, where they could see historic places, such as the Royal Castle and the Column of King Sigismund III. The project participants also walked the Royal Route, stopping to see such landmarks of Warsaw as the Presidential Palace and the Tomb of Unknown Soldier. After lunch participants visited the Warsaw Uprising Museum, to learn more about the history of the Polish capital city and its devastation during the II World War.

5. Minutes from the Coordinators' Meeting:

1. Ms. Ladňáková welcomed everyone and said sorry for not being able to lead coordinators meeting in Poland in person and she opened the coordinators' meeting online.
2. Google drive was checked and presentations from mobilities made by students should have been included into google drive into outputs. The Lithuanian partner cannot upload anything, so Ms. Ladňáková will allow her access to google drive. Turkish partner can send material that is done via email.
3. We need to upload presentations from travel agencies into G.D. output (Lithuania, Poland).
4. Miss Ladňáková mentioned that workshops, lectures, and UNESCO heritage sights are DONE! She reminded the partners not to forget the students are supposed to prepare presentations to Catalonia with all the logos of project and Erasmus.
6. Miss Ladňáková thanked for promo videos which were done and uploaded (except for Poland).
7. The pictures from the Polish mobility are uploaded, but Alex Dobroň (from Slovakia) can upload some more, as far as he was taking some great pictures.
8. Miss Ladňáková kindly asked Poland to send their report.
9. Lesson plans still need to be done and we need to prepare them in both English and our language.
10. In the Glossary, there are still some translations missing, so we need to complete it.
11. Miss Ladňáková mentioned inclusion trip which most of the partner countries have already realized. Those who have not, can use the template (on google drive) and prepare it or describe it after it was done. If they have problem with restrictions due to covid, they can choose students from their own school to participate.
12. Italian team was reminded to prepare posters for each mobility.
14. Miss Ladňáková mentioned dissemination activities that have to be done after each mobility among students, with other schools or local organizations, and if not possible, even online.
15. Till the end of May, Slovakia will prepare a brochure.

16. There are still some translations missing in the Booklet of UNESCO.

17. Miss Ladňáková reminded all the partners that we are all supposed to prepare a mini fair till the end of June.

18. In the discussion, Maria said her apologies for not coming to Poland. Albert asked everybody to complete the number and names of participants coming to Spain ASAP. He briefly introduced the programme for the whole week. Next part of the discussion was about splitting bills and sharing transfers from the airport when arriving to Manresa. There was a question about performance that was planned to be held in Manresa and that performance was postponed to mobility in Slovakia.

19. Ms. Ladňáková thanked to the participants and finished the meeting.